



# **Football Coach's Survival Guide: Practical Techniques and Materials for Building an Effective Program and a Winning Team**

*Michael D. Koehler*

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Organized into 16 sections focusing on these major areas: Athletics and Academics, Motivation, Team Discipline, Offensive and Defensive Football, Game Preparation, Practicing to Win, Technology, Game Day, Conditioning and Weight Training, Athletic Scholarships, Player Recruitment, Drugs, The Highly Recruited Athlete, Legal Issues, Budgeting and Fundraising, and Recordkeeping. Includes black and white illustrations, checklists, recordkeeping forms, sample letters, and more, all ready to photocopy or use 'as-is'.

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