



# Letting Go of God

*Julia Sweeney*

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Julia Sweeney says she was a "happy Catholic girl" when, one day, she walked into church and signed up for a Bible-study course. "What an eye opener that was!" she says. "Next thing you know, I was on a quest for something I could really believe in. I traveled to places like Bhutan, Ecuador, and my local Starbucks looking for answers. Would I embrace Buddhism? New Age pseudo-science? Was I a freak for feeling the way I did, or were there other people out there just like me? I was grappling with serious questions. But, somehow, a lot of the things that were happening to me seemed, well, funny."

Equally comedic and insightful, *Letting Go of God* is Sweeney's brilliant one-woman show about her struggle with her faith. Grappling with the seeming contradictions in Adam and Eve, Noah, the Ten Commandments, and even the teachings of Jesus - and trying to understand the Bible's messages about morality, family values, and human suffering while faced with door-knocking Mormons and wise-cracking priests - Sweeney takes listeners on her very personal journey from God to "not-God".

This performance was recorded on November 19, 2005, at the Ars Nova Theatre in New York City.

Julia Sweeney was a cast member on *Saturday Night Live* from 1989-94, and is best known for the mysteriously androgynous character, "It's Pat!". She has also served as a consulting producer on *Sex and the City* and *Desperate Housewives*. *Letting Go of God* is her third monologue. She performed her first, *God Said, "Ha!"*, in Los Angeles, San Francisco, and on Broadway, as well as in a film produced by Quentin Tarantino. The CD version was nominated for a Grammy.

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