



# **No More Dirty Looks: The Truth about Your Beauty Products--and the Ultimate Guide to Safe and Clean Cosmetics**

*Siobhan O'Connor, Alexandra Spunt*

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It started with a harmless quest for perfect wash-and-go hair. Every girl wants it, and Siobhan O'Connor and Alexandra Spunt finally found it in a fancy salon treatment. They were thrilled—until they discovered that the magic ingredient was formaldehyde.

Shocked, O'Connor and Spunt left no bottle unturned. If it went on their body (and thus, was absorbed into their skin and bloodstream), they researched it. As it turns out, many of those unpronounceable ingredients in your self-tanner and leave-in conditioner are not regulated and the “natural” on your face wash doesn't mean what you think it does.

Now, with the help of top scientists, dermatologists, and makeup artists, the authors share their compelling findings and the easy way to detoxify your beauty regimen. *No More Dirty Looks* also reveals the safest, most effective products on the market and time-tested home recipes. Finally, you don't need to sacrifice health for beauty—because coming clean is the best look yet.

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