



The Anatomy of Addiction: What Science and Research Tell Us About the True Causes, Best Preventive Techniques, and Most Successful Treatments

Akikur Mohammad

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As compelling as it is informative and authoritative, *The Anatomy of Addiction* will lead you to a better understanding about the causes, prevention, and treatment of addiction. It explains in layman's terms what constitutes effective, evidence-based addiction medicine and how to find it.

This book provides actionable, scientific information for addicts and their families and details how to avoid so-called rehab clinics that are at best useless and at worst dangerous and even life threatening.

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