



The Type 2 Diabetes Sourcebook (Sourcebooks)

David Drum, Terry Zierenberg

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The latest guidelines for lasting health from the American Diabetes Association

Completely revised and updated, this essential resource for people with diabetes includes new information on the rise of type 2 diabetes in children, metabolic syndrome, and the most recent recommendations for diet and exercise. It also provides up-to-the-minute findings on the new diabetes drugs on the market and updated lab test and clinical practice guidelines from the American Diabetes Association.

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