



# Four Fish: The Future of the Last Wild Food

*Paul Greenberg*

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**Four Fish: The Future of the Last Wild Food** Paul Greenberg

"A necessary book for anyone truly interested in what we take from the sea to eat, and how, and why." -Sam Sifton, *The New York Times Book Review*.

Writer and life-long fisherman Paul Greenberg takes us on a journey, examining the four fish that dominate our menus: salmon, sea bass, cod, and tuna. Investigating the forces that get fish to our dinner tables, Greenberg reveals our damaged relationship with the ocean and its inhabitants. Just three decades ago, nearly everything we ate from the sea was wild. Today, rampant overfishing and an unprecedented biotech revolution have brought us to a point where wild and farmed fish occupy equal parts of a complex marketplace. *Four Fish* offers a way for us to move toward a future in which healthy and sustainable seafood is the rule rather than the exception.

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