



Diabetic Holiday Recipes (Favorite Brand Name Recipes)

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Diabetic Holiday Recipes presents more than 75 recipes for festive dishes that fit into a healthful meal plan for diabetics, from mouthwatering appetizers and elegant entrées to dazzling desserts. Each easy-to-prepare holiday recipe looks and tastes great, and meets the dietary needs of diabetics.

Each recipe in *Diabetic Holiday Recipes* contains nutritional information, including dietary exchanges based on the American Diabetes Association exchange lists, making it easy to manage health without having to give up favorite holiday foods. The hardcover cookbook, compiled by the editors of Favorite Brand Name Recipes, is spiral-bound and lies flat when open for easy use. Here is a sampling of the diabetic-friendly recipes in *Diabetic Holiday Recipes*:

- Turkey Meatballs in Cranberry Barbecue Sauce
- Greens and Pear with Maple-Mustard Dressing
- Rosemary Pork Tenderloin and Vegetables
- Lamb Chops with Cranberry-Pear Chutney
- Festive Corn Casserole
- Chocolate Peanut Truffles
- Flourless Chocolate Cake

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