



# 101 Things to Do with Yogurt

*Geneva Stringham*

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Yogurt is not just for breakfast anymore-it's now become a staple for those looking to lose weight, add calcium and protein to their diets, and ensure a healthy bacterial balance in the body. Did you know that nutritious yogurt can take the place of sour cream in most dishes? Discover all the uses for this healthy and delicious staple in 101 Things to Do With Yogurt. Recipes include Santa Rosa Chicken, Smoothie Coolers, Orangeade Cake, Crispy Chicken Parmesan, Creamy Fruit Dip, Dutch Honey Bread, Hamburger Stroganoff, Yum-Yum Cupcakes, Chicken Puffs, Tortilla Wheels, Best-Ever Pancakes, French Cherry Cheese Pie, Yogurt Cheese, and more!

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