



# Eat This Too: It'll Make You Feel Better

*Dom DeLuise*

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## **Eat This Too: It'll Make You Feel Better** Dom DeLuise

With his first smash cookbook, "Eat This, It'll Make You Feel Better", the nation discovered that cooking is a passion Dom DeLuise and his family take seriously. Now he's back with more delicious recipes inspired by a lifetime of good eating. Perfect for the low-fat tastes of the nineties, these are treasures collected from both family and friends, and created in the freshest, healthiest, most mouthwatering traditions.

Discover an array of more than 125 quick, easy dishes that feature intriguing combinations of spices, fresh vegetables, and lean meals for the ultimate in zesty, guilt-free dining. And no Dom DeLuise cookbook would be complete without excursions into the kitchens of his celebrity pals from coast to coast. Dom has shared food with such friends as Mel Brooks, Carl Reiner, President and Mrs. Clinton, Shirley MacLaine, Norman Lear, Danny DeVito and Rhea Perlman, Harrison Ford, Burt Reynolds and many others.

Whether he's sharing his humor, his lasagna, or the best shrimp and squid salad you ever tasted, Dom turns food into a celebration every time. Sprinkled with memories of his Mama (a great cook whose recipes Dom admits to stealing), this Brooklyn boy's cookbook serves up happy and healthy fare that is really easy to fix and delicious. And it brims with one ingredient no other can match: mucho love!

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