



# Diabetes Diet: A Diabetes Diet Cookbook Filled With Over 30 Delicious Diabetes Diet Recipes

*Brooke Jenkins*

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## GET OVER 30 MOUTH-WATERING RECIPES TO HELP PREVENT, AND RESIST DIABETES

**Diabetes is known as the silent killer.** Each year it takes thousands of lives. One of the smartest, fastest, and healthiest ways to get control of it, is by simply eating right. The Diabetes Diet recipes in this cookbook are both delicious and will help to get you on track with being healthy so that you do not have to worry about diabetic complications.

### Here is a sample of some of the delicious recipes:

- Breakfast Papaya Parfait
- Chicken and Avocado
- Fried Chili Potatoes
- Cookies and Cream Crunch
- Taco Pizza Deep Dish
- And More!

\* All the recipes include clickable links so you can see pictures of how each meal looks.

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