



# **Yummy and Healthy Cakes Box Set (6 in 1): Over 200 Low Carb Mug Cakes, Dump Cakes and Slow Cooker Recipes to Make without Guilt! (Low Carb Desserts & Mug Cakes)**

*Sheila Hope, Jessica Meyer, Sherry Morgan, Sheila Butler, Marisa Lee*

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## **Yummy and Healthy Cakes Box Set (6 in 1)**

### **Book 1: Low Carb Paleo Mug Cakes: Over 40 Healthy and Yummy Five-Minute Mug Cake Recipes Plus Decorating Ideas and Essential Secrets of Making the Perfect Mug Cakes**

#### **Inside You Will Learn:**

- Where mug cakes originated from
- Why they are so popular
- How to make the best mug cakes
- Recipes for low carb and paleo mug cakes
- Recipes for one-minute muffins

### **Book 2: Dump Cake: 25 Amazingly Delicious and Simple Dump Cake and Dessert Recipes**

#### **Inside You Will Learn:**

- Why More People Choose Dump Cakes And Desserts
- How Easy It Can Be To Prepare Dump Cakes

- Simple Recipes To Follow
- Basic Errors To Avoid

## **Book 3: Low Carb Mug Cakes & Other Desserts: Mouthwatering Desserts to Try and Make Without Guilt**

### **Inside you will learn about:**

- The advantages of making mug desserts
- The low carb challenge
- 10 mug cake recipes
- 7 mug cookie recipes
- 7 mug pie recipes
- 7 mug muffin recipes

## **Book 4: Slow Cooker Cake Recipes: 80 Sumptuous Low-Carb Cake Recipes You Can Cook in Your Slow Cooker!**

### **Inside You Will Learn:**

- The basics of using a slow cooker
- Tips & tricks for baking sweets in the slow cooker
- How to avoid common pitfalls to cooking cakes in the slow cooker
- How to recognize what makes a recipe low-carb
- How to adapt most cake recipes to a low-carb version
- How to adapt most oven recipes for cake to the slow cooker
- 80 Sumptuous Cake Recipes for the Slow Cooker

## **Book 5: Dump Cakes and Desserts: 33 Easy and Tasty Dump Cake Recipes and Other Desserts**

## Inside You Will Learn:

- The secret of dump cakes
- Quick and easy cookie recipes
- Recipes for great-tasting nutritious breads that you can eat anytime
- How to make tasty cupcakes

## Book 6: Mug Cakes: Quick and Easy Single-Serving Microwavable Dessert Recipes

### Inside you will learn:

- How you can make a fresh, decadent dessert in a mug.
- Tips for making mug cakes from scratch or cake mixes.
- Easy-to-follow recipes for chocolate, fruit-flavored and other delicious mug cakes.
- Step-by-step instructions for preparing low-fat, low-carb, and gluten-free mug cakes.

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**Timothy Lumpkin:**

Spent a free time and energy to be fun activity to try and do! A lot of people spent their sparetime with their family, or their own friends. Usually they doing activity like watching television, planning to beach, or picnic in the park. They actually doing same task every week. Do you feel it? Do you wish to something different to fill your own personal free time/ holiday? Could be reading a book could be option to fill your no cost time/ holiday. The first thing you will ask may be what kinds of reserve that you should read. If you want to attempt look for book, may be the book untitled Yummy and Healthy Cakes Box Set (6 in 1): Over 200 Low Carb Mug Cakes, Dump Cakes and Slow Cooker Recipes to Make without Guilt! (Low Carb Desserts & Mug Cakes) can be great book to read. May be it can be best activity to you.

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**Pauline Browne:**

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