



Make Your Own Organic Scrubs and Masks: An Everyday Guide to Simple Homemade Beauty Products

Fiona Summers

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Learn how to make your own luxurious organic body scrubs and face masks at home, with bestselling author Fiona Summers.

This book will help you to **get great skin quickly**, easily and with not much more than the contents of your fruit bowl.

It is written for people just like you. It has a straightforward, step-by-step approach, and uses only **simple, affordable ingredients** meaning you won't have to break the bank to **start looking and feeling great!** Inside the cover you will discover:

- The importance of exfoliation
- A guide to natural ingredients
- Understand your skin type
- The tools of the trade

Dozens of recipes for delicious, natural scrubs and masks, together with **step-by-step instructions** will have you making your own natural skincare products in no time, **whatever your skin type:**

- Cleansing
- Detoxifying
- Hydrating
- Nourishing
- Rejuvenating
- Revitalising
- Soothing
- Balancing

This guide has been written by a practicing beautician with over 20 years' experience. The recipes will not only **save you money on skin care ingredients**, they will transform your look. Your skin is going to gleam, I promise you!

What's more, everyone will want to know what salon you have been spending so much money in (it seems a shame to shatter their illusions sometimes!) Not only are you going to look and feel great, and have more cash to spare, but you are going to love how much fun making your skin look great is.

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