



Princess For a Day, Goddess For Life

Anita Revel

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A wedding is for a day; marriage is for life. "This is a wonderful, light, humour filled guide that will resonate with brides to be and give them the navigation skills to build a stronger, more resilient relationship." ~ Nic Freeman, Family Therapist. Whether barefoot on the beach or decked out in bling, every bride is a princess on her wedding day. It is her Big Day after all, when she gets to live happily ever after with her very own Prince Charming. This guide designed for every bride's transitional wellbeing. The practical health, attitude and empowerment advice will help you breeze through the biggest ceremony of your life - and beyond! Become responsible for your own thoughts, reactions and expectations. Learn how to "self soothe" during the stressful times of planning a wedding. And, be confident to take these valuable skills into the rest of your relationship too. Follow "the Rules" to shine on your wedding day, and forever after!

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A lot of people always spent their own free time to vacation or perhaps go to the outside with them loved ones or their friend. Were you aware? Many a lot of people spent these people free time just watching TV, or playing video games all day long. If you want to try to find a new activity that is look different you can read a book. It is really fun for you. If you enjoy the book that you just read you can spent the entire day to reading a publication. The book Princess For a Day, Goddess For Life it is very good to read. There are a lot of people who recommended this book. We were holding enjoying reading this book. In the event you did not have enough space to create this book you can buy the actual e-book. You can m0ore easily to read this book through your smart phone. The price is not to cover but this book provides high quality.

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