



# Healing Gardens: Therapeutic Benefits and Design Recommendations

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## Healing Gardens: Therapeutic Benefits and Design Recommendations

Unique and comprehensive, *Healing Gardens* provides up-to-date coverage of research findings, relevant design principles and approaches, and best practice examples of or more and more people, the shortest road to recovery is the one that leads through a healing garden. Combining up-to-date information on the therapeutic benefits of healing gardens with practical design guidance from leading experts in the field, *Healing Gardens* is an invaluable guide for landscape architects and others involved in creating and maintaining medical facilities as well as an extremely useful reference for those responsible for patient care. With the help of site plans, photographs, and more, the editors present design guidelines and case studies for outdoor spaces in a range of medical settings, including:

- Acute care general hospitals.
- Psychiatric hospitals.
- Children's hospitals.
- Nursing homes.
- Alzheimer's facilities.
- Hospices.

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