



## The Employee Assistance Handbook

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# The Employee Assistance Handbook

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Leading experts explain how to establish and run an effective Employee Assistance Program.

Employee Assistance Programs (EAPs) offer counseling and services for a variety of personal problems that affect workers and the workplace.

This Handbook provides clinicians, administrators, and human resource professionals with a comprehensive review of EAP "best practices." Experts from the employee assistance field, behavioral health organizations, and corporate sectors illustrate the unique role EAPs play in maintaining a vibrant and productive workforce and explain the skills and resources needed to provide effective EAP services.

This reference features innovative and groundbreaking program and service initiatives, which incorporate expanded areas of EAP practice while retaining the core mission and technology. The best intervention, treatment, and prevention programs for all issues affecting employee productivity are fully described, including:

- \* Substance abuse.
- \* Disability.
- \* Preventive and managed healthcare.
- \* Workplace trauma.
- \* Work/family problems.
- \* Management development.

The book also covers services currently in place in such diverse settings as Champion International, Du Pont, Bank One, Wells Fargo Bank, the University of Michigan, Mobil, and L.L. Bean. In addition, it discusses two current issues that will affect EAP practice in the future: accreditation of professionals and programs and the academic and field training of EAP professionals.

The Employee Assistance Handbook is invaluable reading for any professional who wants to promote health and productivity by creating effective EAP services for his or her organization.

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