



How to Get a Life, Vol. 1: Empowering Wisdom for the Heart and Soul

Lawewnce Baines, Daniel McBrayer

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Practical tips on how to live a meaningful Life come alive in lessons from some of the world's great thinkers and religious leaders, present and past. "How to Get a Life" offers life views from several of history's most important and powerful people, put forth in an easy-to digest format with an uplifting message. Written in an engaging style by college professors Lawrence Baines and Daniel McBrayer, each chapter contains a brief biographical sketch with that luminary's advice for daily living. In "How to Get a Life," you'll get easy-to-understand advice from some of the world's greatest thinkers on: -The importance of relationships -How to get over misunderstandings -How to rise above mediocrity -What to do when things go wrong Insight into topics from God and the universe, to conceptions of love, sex, and death comes from historical figures such as Martin Luther King, Jr., Joseph Campbell, Bill Wilson, Gerda Weissman Klein, Albert Schweitzer, Oprah Winfrey, Buddha, Leo Buscaglia, Jane Goodall, the Dalai Lama, Muhammad, Confucius, and Richard of St. Victor.

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