



# **An Introduction to Biomechanics: Solids and Fluids, Analysis and Design**

*Jay D. Humphrey, Sherry L. O'Rourke*

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This book covers the fundamentals of biomechanics. Topics include bio solids, biofluids, stress, balance and equilibrium. Students are encouraged to contextualize principles and exercises within a “big picture” of biomechanics. This is an ideal book for undergraduate students with interests in biomedical engineering.

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