



The Big Book of Paleo Recipes: More Than 500 Recipes for Healthy, Grain-Free, and Dairy-Free Foods

Linda Larsen

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Hundreds of delicious, grain-, gluten-, and dairy-free recipes!

Butternut Squash Soup. Coconut Shrimp. Dark Chocolate Brownies.

The Big Book of Paleo Recipes shows you how to create hundreds of flavorful paleo meals that keep you feeling full throughout the day. From hearty breakfast staples to satisfying entrees to mouthwatering desserts, each recipe uses fresh, paleo-approved ingredients, so you never have to worry about what's on your plate. With more than 500 paleo dishes to choose from, you will keep your family happy and healthy with easy-to-make recipes like:

- Sausage Egg Bake
- Buffalo Chicken Wings
- Apples-and-Onions Pork Chops
- Ginger-Lime Salmon
- Apple Cranberry Crisp

Complete with step-by-step instructions and plenty of preparation tips, *The Big Book of Paleo Recipes* has everything you need to make grain-, gluten-, and dairy-free meals in no time!

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