



Paradise in Plain Sight: Lessons from a Zen Garden

Karen Maezen Miller

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Paradise in Plain Sight: Lessons from a Zen Garden Karen Maezen Miller **Come See the Garden That Is Your Life**

When Zen teacher Karen Maezen Miller and her family land in a house with a hundred-year-old Japanese garden, she uses the paradise in her backyard to glean the living wisdom of our natural world. Through her eyes, rocks convey faith, ponds preach stillness, flowers give love, and leaves express the effortless ease of letting go. The book welcomes readers into the garden for Zen lessons in fearlessness, forgiveness, presence, acceptance, and contentment. Miller gathers inspiration from the ground beneath her feet to remind us that paradise is always here and now.

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