



THE GRUNCH WHO ATE THE BOTTOM LINE! (The Grunch Series Book 2)

Bernie Palmatier

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“Bernie Palmatier’s Grunch and other fabulous characters have performed a miracle. They have wrestled with some difficult principles of life and success, and simplified them so that anyone can understand them...and use them. Wise men have been trying to do the same for centuries.”

- Og Mandino, Author/Lecturer

Og Mandino's inspired book "The Greatest Salesman in the World" and the benefits of the Ten Scrolls contained therein not only changed my life, I have often stated they may, indeed, have **SAVED** my life. As a life-long manic-depressive I had lived with three different "moods" -- normalcy, depression and mania -- one of which resulted in the occasional and then intense flirtation with suicide.

It was only with the benefit of the 20/20 vision of hindsight that I came to realize what it was that kept me going, kept me persisting with my life. Given that realization I determined that I should "systematize" what it was that Og Mandino had formulated and shared in his wonderful book. That system became what I now call "Attitude Control" I determined that if that self-help system could stabilize a diagnosed bi-polar then it would likely be beneficial to "normal" people. Needless to say, due to the stigma surrounding mental illness, one of the most difficult aspects of creating my book was the fact that I would likely be required to confess something I had kept secret for many years -- my own battle with manic-depression. It was only as I drove toward one of my very first radio talk show appearances that the words of Ralph Waldo Emerson motivated me to mention my illness: "Show me a man who was saved from nothing and I'll show you a man who wasn't saved." It was only then that I was able to speak openly of my affliction.

Since the first 2000 copies of the original hardcover print version of my first saw the light of day one of the primary comments I get closely approximates what Mr. Mandino said, "Your book, "The Grunch Who Ate The Bottom Line!", is one of the simplest and yet most powerful ways of getting a self-help message across." Therefore, it is now my hope that through the advent of this exciting new medium for sharing the written word that my story and my system might be a positive influence on all people who have attitude challenges. So whether I impact my readers with the elements of "Attitude Control" or simply inspire people to become more aware of and involved in Self-help, Inspirational, Motivational Psychology then I will consider my goal achieved. For I believe that seeing one's glass as half-full or half-empty is a choice. Seeing one's life and the world as heavenly or as a hell is also a choice. The choice as to which will derive the greatest happiness, peace of mind and spirit and ultimately the greatest good for humanity is, to me, obvious. Creating a mindset that makes that choice relatively automatic will take time and effort. However, a great book says: "The beginning of wisdom is fear (awe) of the Lord". It is my contention that the beginning of the commitment necessary to get control over our attitudes is fear of experiencing what can happen when our attitudes are out of control.

At my seminars and speeches and interviews I have stated that what I suggest may not work for you; but, if so, then find something that will. It can mean all the difference to your life and the lives of those you love the most.

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